

LEICESTER CITY HEALTH AND WELLBEING BOARD

Theme of Meeting	Healthy Places
Title:	The Walking & Cycling Team Work Programme
Presented to the Health and Wellbeing Board by:	Sally Slade (LCC)
Date:	27 th June 2019

EXECUTIVE SUMMARY:

The Walking & Cycling Team's work programme has been largely funded by successful bids to the DfT since 2011, the latest being the Access Fund 2017-2020. The Choose How You Move programme fulfils the objectives of the Access Fund to support the local economy by supporting access to new and existing employment, education and training; to actively promote increased levels of physical activity through walking and cycling; to increase cycling activity; to reverse the decline in walking; to reduce the rate of cyclists killed and seriously injured; to increase the percentage of children aged 5 – 10 that usually walk to school; to demonstrate an understanding around how transport contributes to carbon emissions and air quality levels, and to reduce traffic congestion through providing people travel choices. In doing so, the work programme supports a number of local strategic priorities, referenced in the City Council's actions plans, including those with a health & wellbeing focus. This presentation showcases the team's work.

Contributing to the objectives of the Joint Health and Wellbeing Strategy:

Healthy Places

- Improve air quality
- Develop and encourage healthy neighbourhoods and a sense of community Healthy Start
 - Support families and caregivers to influence and practise positive health behaviours with children

Healthy Lives

• Increase the number of people engaging in protective behaviours Healthy Ageing

 Support informal careers to continue to care and improve their health and wellbeing

RECOMMENDATIONS:

The Health and Wellbeing Board is requested to:

- To note ongoing work and to consider how your organisation can contribute to the walking and cycling targets by encouraging active travel.
- Support the work of the Walking & Cycling Team by sharing information on our work